



New Trier Health Services Welcomes Class of 2028

Every freshman student must present a [Certificate of Child Health Examination](#) (school physical) before starting any academic or athletic activity at New Trier Township High School.

Guidelines for the school physical (The IHSA/Sports form will not be accepted):

- 1- Dated on or after August 21, 2023
- 2- Include all required immunizations
- 3- **Parents** thoroughly complete and sign the Health History (top section of the second/back page)
 - ***Include:** 1) allergies, medications, and chronic medical conditions
 - 2) *Emergency action plan* for allergies, asthma, seizures, and diabetes
- 4- Must be submitted **before July 26, 2024, or prior to any activity at NTHS**
- 5- October 15th, 2024 is **EXCLUSION DAY** for students not in compliance

Health forms are available at: <https://www.newtrier.k12.il.us/studenthealth>

[Certificate of Child Health Examination](#): The Illinois State Board of Education (ISBE) requires this form for all students entering 9th grade. It is a required exam to be completed by physician and parents. Please note any health conditions, disabilities and medications taken on a regular basis

[School Dental Examination Form](#): This form must be on file by May 15th, 2025. All students in grade 9 are required to have a dental exam on file. School dental examinations must have been completed within 18 months prior to the May 15 deadline. A dental form dated after November 15th, 2023 fulfills ISBE requirements.

[New Trier Medication Authorization Form](#): Any medications administered or carried at school require both **medical provider and parent** signatures, including over-the-counter medications. Students may carry Epinephrine, Benadryl, insulin, and inhalers with a signed medication authorization form on file. Generic Tylenol, Advil, and Benadryl are stocked in Health Services and can be administered with this written consent.

Please visit <https://www.newtrier.k12.il.us/studenthealth> for up-to-date information about submitting health forms

Freshman

Northfield Health Services
7 Happ Rd. Northfield, IL 60093
Phone: 847-784-7513
Fax: 847-784-3113
Email: NorthfieldHealth@nth.net

Sophomore-Junior-Senior

Winnetka Health Services
385 Winnetka Ave., Winnetka
Phone: 847-784-2110
Fax: 847-835-9852
Email: healthservices@nth.net